



Bullying and Harassment Prevention: A Peer-Education Approach by the Canadian Red Cross

Facilitator(s):	Carlia Schwab
Date:	September 16, 2019
Time:	9:00 am – 3:30 pm
Cost:	\$100.00 (includes certification and a usb drive with classroom-ready resources) (includes lunch, which is not prepared in a nut/gluten-free environment)
Location:	Edmonton (ERLC Office at Elmwood School) Room 17/18, 16325 - 83 Avenue
Session Code:	20-MH-063

Target Audience

All Teachers and School Administrators

Also Recommended For

Specialists who work directly with students, Para-educators and teams who serve children and youth

About this Learning Opportunity

At the end of this one-day training, you will be certified to implement the Canadian Red Cross bullying and harassment prevention program, **Beyond the Hurt**, in your schools and classrooms. You will learn how to coach and mentor youth to deliver bullying prevention education to their peers, and help them:

- understand the impact of bullying and harassment;
- learn how to promote ally peer behaviour through hands-on activities, videos and discussions;
- recognize and respond to the potential risks associated with use of the internet and other technologies to promote online civility;
- learn communication and leadership skills to foster safe environments.

Classroom-ready resources that are based on the latest research will be shared, including a USB drive with PowerPoints, videos, printable handouts and grade-specific lesson plans with interactive activities. The training content aligns with Alberta Education's Curriculum in Health and Life Skills or CALM.

About the Facilitator(s)

Carlia Schwab is the Associate and Master Trainer for the Canadian Red Cross's violence prevention program, Respect Education, in Alberta. Carlia has a BA in Psychology and applies those skills to her work with community, organizations, schools, adults and youth. Carlia has extensive background and knowledge working with youth experiencing barriers and youth with disabilities. She enjoys working adults to create and maintain safe environments for the children and youth they work with.

This learning opportunity is being subsidized through funding from Alberta Education.