

Career and Technology

2010-2011

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Sport Taping & Strapping with Sport Medicine Council of Alberta



Thursday, August 26, 2010
9:00 am to 12 noon
Room 109 William Aberhart HS 3009 Morley Trail NW
Calgary
\$30 (includes lunch & workshop materials)

WHO SHOULD ATTEND?

CTS Health Services and Physical Education teachers

ABOUT THE SESSION:

If you want to learn unique and practical taping techniques for most common sports injuries, then this is the course for you. Participants will learn proper taping procedures, when to tape and when not to, taping versus bracing, as well as have the opportunity to practice twenty different taping techniques for all parts of the body. The session includes an Athletic Taping manual, a Taping & Strapping certificate that is current for three years, handouts and all taping supplies. Athletic First Aid is a prerequisite. **Teachers who complete this session will be able to deliver these credentials to their students.**

Sports Taping & Strapping knowledge skills will support with implementation of the CTS Injury Management 2 and Technical Foundations for Injury Management courses.

ABOUT THE FACILITATOR:

This session will be facilitated by a representative from the **Sports Medicine Council of Alberta (SMCA)**. SMCA is an organization of sport medicine physicians, sport physiotherapists, athletic therapists, sport scientists and sport nutrition specialists. The cooperative function of these individuals is to promote and coordinate the provision of sport medicine programs and services for the Alberta sport community. These professional members provide their services to assist in making Alberta a healthy and safe environment for sport and recreational activities.

★ Sessions may be changed or cancelled ★
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