



Alberta Regional Consortia

Alberta Regional PD Consortium

Adult Learning for Students' Sake

Special Education

Webinars

2009-2010

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Anger Management with Dianna Souveny

Tuesday, March 16, 2010

4:30 pm to 5:30 pm

Please log on at 4:00 pm to do your mic & speaker test!

\$20

ABOUT THE SESSION:

Making friends and getting along with others is about making choices and understanding the consequences of your actions. Participants will gain an understanding and awareness of identifying feelings, anger triggers, the components of anger, and methods to assist with achieving self-control.

ABOUT THE FACILITATOR:

Dianna Souveny In her work as a family support coordinator/consultant Dianna has trained and worked extensively with families and school systems throughout Alberta in the areas of Anger Management, Bullying, Social Skills Development, Attention Deficit Hyperactivity Disorder (AD/HD), Fetal Alcohol Spectrum Disorder (FASD), Helping Children Deal Effectively With Grief/Loss and Early Learning /Literacy.

In her position as a program manager with Central Parkland Parent Link Network, Dianna develops preschool programming and parent education. She is the co-author of the popular book *ABC's for Success: Attention Deficit Disorders* and the coordinator of **Dynamic Development** which provides psychological services including psycho-educational assessments, behavioural consultations and coaching, workshops and training.

★ Sessions may be changed or cancelled★

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