

This learning opportunity is subsidized as a result of a grant from Alberta Education to support implementation.

## Delivery of Sport Psychology 1(REC1050): Review of Outcomes and Strategies for Delivery with Karen MacNeill

### September 28, 2010 from 9:00 a.m. to 12:00 p.m.

WHO SHOULD ATTEND: CTS Health Services and Physical Education Teachers

#### ABOUT THIS LEARNING OPPORTUNITY:

The purpose of this workshop is to provide an overview of the CTS program of study for sport psychology 1 (REC1050). Learning outcomes will be reviewed, key principles will be discussed, and resources that can be used to support teaching will be presented. The main objectives for this workshop include the following:

- Review sport psychology concepts and key principles associated with learning outcomes for sport psychology 1.
- Present tools and resources that can be used to support teaching of key principles
- Provide opportunity for participants to share personal experiences with applied sport psychology and strategies used to teach concepts.

#### ABOUT THE FACILITATOR:

**Dr. Karen MacNeill** is committed to helping elite performers reach their full potential by providing mental performance consultation, workshops, and presentations pertaining to personal and interpersonal effectiveness. As a registered psychologist who has a specialty in performance psychology, she has helped individuals work through issues of career, transition, depression and anxiety, in addition to having consulted and provided mental training to numerous national team (snowboarding, speed-skating, freestyle skiing, para-Alpine team, women's hockey etc.) and development level athletes and coaches. She has first-hand knowledge of the attributes required to achieve and sustain peak performance. She competed at the international level on the Canadian Field Hockey team for 10 years. In addition, she has worked with high performance athletes and Olympians since 1998, and attended the Winter Olympics in 2002 in capacity of sport psychology consultant. Most recently, she applied her knowledge and expertise in her capacity as manager of sport psychology services for Vancouver Olympic Committee's medical team at the 2010 Olympic Games.

Registration deadline:

**Tuesday,  
September 21, 2010  
at 10:00 a.m.**

**Please register with payment as soon as possible to avoid disappointment.**

**Delivery of Sport Psychology 1 - Review of Outcomes and Strategies for Delivery  
11-CT-173**

**9:00 a.m. – 12:00 p.m.  
September 28, 2010**

**Cost: \$35.00**

**Location:**  
Room 17 (Second Floor)  
Elmwood School  
16325 83 Avenue  
Edmonton

PARTICIPANT NAME _____	GRADE(S)/SUBJECTS TAUGHT _____
<small>(PLEASE PRINT)</small>	
SCHOOL _____	JURISDICTION _____
SCHOOL PHONE (    ) _____	SCHOOL FAX (    ) _____
E-MAIL _____	2ND EMAIL _____
<small>(CONFIRMATION AND RECEIPT WILL BE SENT TO ADDRESSES PROVIDED)</small>	

#### METHOD OF PAYMENT

VISA     MASTER CARD    CARD # \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

SIGNATURE \_\_\_\_\_ EXPIRY DATE \_\_\_\_\_ / \_\_\_\_\_ NOTE: Keep this record for matching to your credit card bill.

#### COMPLETED REGISTRATION FORMS MAY BE:

SUBMITTED ON-LINE AT: [www.erlc.ca](http://www.erlc.ca)  
 FAXED TO: (780) 444-0894  
 MAILED TO: ROOM 20, 16325 – 83 AVENUE, EDMONTON AB T5R 3V8  
 QUESTIONS? CALL US AT (780) 444-2497 OR TOLL-FREE AT (877) 244-2497

**There will be a \$25.00 fee for any cancelled registration.**

FOIP RELEASE: By submission of this form, I understand that my name will be included in a closed participants' group list, as compiled by Edmonton Regional Learning Consortium and made available to the presenter(s) and or the participants of this workshop.